How to perform CPR and use an AED

HEART SGUARDIAN

Call emergency services immediately and ask anyone to bring an AED.

- Tap the patient's shoulder and confirm the reaction with a loud voice.
- If patient is unconscious and breathing is abnormal, call emergency services and ask for AED without a delay



Call Emergence

Compress the patient's chest immediately.

- Put both hands together in the center of chest and quickly compress the patient's chest twice in a second
- Compress repeatedly, deeply and strongly without interruption





Turn on the power of an AED and attach the pads

- When an AED arrives, turn on the power and attach the pads to the patient's chest
- If patient is a child, attach the first pad at the center of chest and the center of back



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Follow the voice guidance to make an electric shock if necessary

- If the statement says "Analyzing, stay clear of the patient" then stay away from the patient immediately
- If the statement says "Electric shock is needed" then press the flashing orange shock button.







Immediately continue chest compression

- After pressing the shock button, continue chest compression immediately
- Repeat defibrillation every 2 minutes, as instructed by an AED
- Continue CPR until emergency services arrive

